



FreeStyle
Libre 2

Sensor Adhesion Guide



Sensors stick better when you wash, clean and dry your skin before application



1. Wash

Only use non-moisturising, fragrance-free soaps to wash the area where you will apply the sensor

2. Clean

Use an alcohol wipe to clean the site and then allow skin to air dry (do not blow on it)

3. Dry

Allow your skin to fully dry before applying the sensor. This is especially important if you plan to apply the sensor after you shower or swim

Before you apply the sensor:

The back of the upper arm is the recommended and approved application site.

Do not use body lotion or cream where you'll apply the sensor, as they may leave an oily residue on your skin

Body hair can interfere with sensor adhesion. Choose an area with the least hair or consider shaving the site.

The FreeStyle Libre Flash Glucose Monitoring System and the FreeStyle Libre 2 Flash Glucose Monitoring system is indicated for measuring interstitial fluid glucose levels in people (aged 4 and older) with insulin-dependent diabetes. The indication for children (age 4 – 17) is limited to those who are supervised by a caregiver who is at least 18 years of age. Always read the instructions for use. The system must not be used with automated insulin dosing (AID) systems, including closed-loop and insulin suspend systems. The sensor must be removed prior to Magnetic Resonance Imaging (MRI).

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IMPORTANT:

Strong sensor adhesion starts with correct application. When loading the sensor into the applicator, ensure that you do this on a solid, flat surface.

Scan the QR code to watch a short video on how to correctly prepare and apply your sensor:



 **0800 106 100**

FreeStyle Libre Customer Care

[FreeStyleLibre.co.nz](https://www.FreeStyleLibre.co.nz)



Tips to keep your sensor in place



Easy does it

Be careful not to catch your sensor on a doorway, car door, seat belt, or furniture edges



Pat dry

After a shower or swim, take extra care when towelling off to avoid catching or pulling off your sensor



Slow down

When dressing or undressing, be careful that you don't catch your clothing on the sensor



Hands off

Try not to play, pull, or touch the sensor while wearing it

Add extra stickiness with these products¹

Adhesive overbandages¹

Tegaderm™, Rocadex™, Hypafix™, Coban™, Fixomull™, Mefix™

Skin-Prep Protective Wipes™

Helps tape and films adhere to the skin

Torbot Skin Tac™

A latex-free “tacky” skin barrier

Mastisol Liquid Adhesive®

A clear, non-irritating liquid adhesive that secures dressings

1. Check the sensor adhesion daily and if it is lifting, apply a medical grade adhesive, bandage or tape according to the manufacturer's instructions. Make sure the opening / hole in the centre of the sensor is not covered.

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