

SKIN PREPARATION

Select an area of skin on the back of your upper arm that generally stays flat during normal daily activities (no bending or folding). Choose a site that is at least 2.5cm (1 inch) away from an insulin injection site. To prevent discomfort or skin irritation, you should select a different site other than the one most recently used.

SITUATION	SOLUTION
Oily surface	
Soap, lotion, shampoo or conditioner might leave oily residue on the skin that may prevent the sensor from sticking properly.	To improve adhesion, clean the skin with soap and water, dry the skin, clean the skin with an alcohol wipe and allow skin to air dry (do not blow on it) before proceeding.
Wet surface	
Moisture gets in the way of adhesion. Keep the skin dry prior to application.	To improve adhesion, dry the skin, clean the skin with an alcohol wipe and allow skin to air dry (do not blow on it) before proceeding.
Hairy surface	
Hair gets in-between the skin & sensor adhesive.	The site selected on the back of the upper arm should be clean-shaven.

TIPS

This information is provided for your convenience. You may find it helpful to use the following products to support adhesion. Everyone's skin is different; you may need to try various products to find the one that is right for you. Consult with your healthcare provider to decide on the best option.

The information below does not constitute an endorsement of the manufacturer or the product quality. Abbott Diabetes Care is not responsible for the completeness or accuracy of product information. Product availability may vary by country and region. The manufacturer's instructions for use of each product should be followed.

BRAND	DESCRIPTION
Preparing the skin	
Coloplast Prep Barrier Wipe	Clear film forms a breathable barrier protecting against skin irritants such as adhesives (coloplast.us)
Tincture of Benzoin 10% Swabstick	Topical barrier designed to protect skin prior to applying adhesive dressings (pdihc.com)
Reliject Pre-injection Wipes	Individually wrapped alcohol wipes, 2ply (reliancemedical.co.uk)
Razor	Used for shaving off unwanted body hair (gillette.com)
Helping the sensor to stick	
Torbot Skin Tac	A hypo-allergenic and latex-free "tacky" skin barrier (torbot.com)
Skin-Prep / Protective Barrier Wipes	Protective liquid dressing that allows skin to breath so tapes and films adhere better (smith-nephew.com)
Over-Bandage*	A medical grade adhesive; bandage or tape
Removing the sensor	
Baby Oil	Soft moisturizer (johnsonsbaby.com)
Remove Adhesive Remover	Removes adhesive residue on skin (smith-nephew.com)
UNI-SOLVE Adhesive Remover	Formulated to reduce adhesive trauma to the skin by thoroughly dissolving dressing tape and appliance adhesives (smith-nephew.com)

*Over-bandage must be applied at the time of sensor application, the opening/hole in the center of the sensor must not be covered. Additional bandages/tape can be applied but do not remove bandages/tape once applied until sensor is ready for removal.

The FreeStyle Libre Flash Glucose Monitoring System is a glucose monitoring device indicated for detecting trends and tracking patterns in persons (aged 18 and older) with insulin dependent diabetes mellitus. Health professionals and consumers should be aware about the limitations of available scientific evidence for use of FreeStyle Libre Flash Glucose Monitoring System in any other groups of patients who require diabetes management. Freestyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions. Information contained herein is for distribution outside of the USA only. For more information call Customer Service on 0800 106 100. MediRay New Zealand Ltd, 53-55 Paul Matthews Road, Albany, Auckland 0632, New Zealand. www.freestylelibre.co.nz. ABN 95 000 780 389 ADC-05225

