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Protection Always On

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Sequence For **Donning**
Personal Protective Equipment

The type of PPE used will vary based on the level of precautions required; e.g., Standard and Contact, Droplet or Airborne Infection Isolation. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

1 GOWN

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
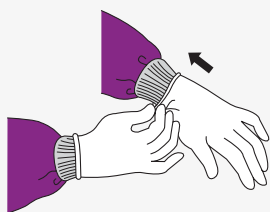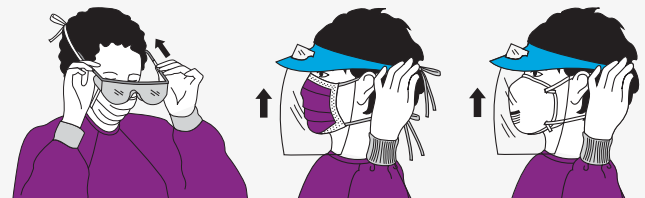- Fasten in back of neck and waist
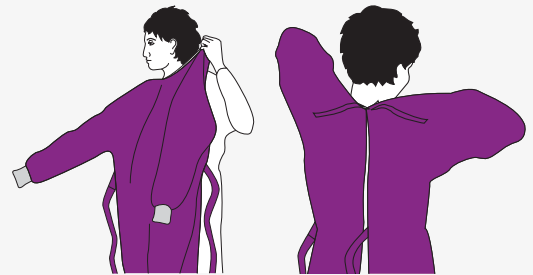
2 MASK OR RESPIRATOR

- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator

3 GOGGLES OR FACE SHIELD

- Place over face and eyes and adjust to fit

4 GLOVES

- Extend to cover wrist of isolation gown

Use Safe Work Practices To Protect Yourself And Limit The Spread Of Contamination

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene

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Sequence For **Doffing**
Personal Protective Equipment

Except for respirator, remove PPE at doorway or in anteroom. Remove respirator after leaving patient room and closing door.

1 GLOVES

- Outside of gloves is contaminated!
- Grasp outside of glove with opposite gloved hand; peel off
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist
- Peel glove off over first glove
- Discard gloves in waste container
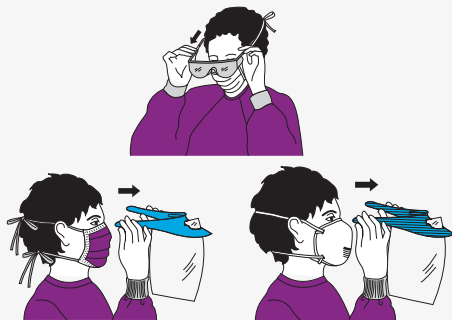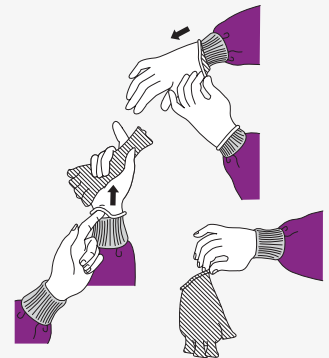
2 GOGGLES OR FACE SHIELD

- Outside of goggles or face shield is contaminated!
- To remove, handle by head band or ear pieces
- Place in designated receptacle for reprocessing or in waste container

3 GOWN

- Gown front and sleeves are contaminated!
- Unfasten ties
- Pull away from neck and shoulders, touchinginside of gown only
- Turn gown inside out
- Fold or roll into a bundle and discard

4 MASK OR RESPIRATOR

- Front of mask/respirator is contaminated - **DO NOT TOUCH!**
- Grasp bottom, then top ties or elastics and remove
- Discard in waste container

PERFORM HAND HYGIENE IMMEDIATELY AFTER REMOVING ALL PPE